



National Hispanic & Latino

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Addressing Health Disparities:

A strategy to combat the Opioid Epidemic, COVID-19 and Achieve Health Equity in Behavioral Health

Pierluigi Mancini PhD

Project Director

National Hispanic and Latino ATTC/PTTC



National Hispanic & Latino

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

This presentation is supported by grant 1H79TI081174 from the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA). The views expressed herein do not necessarily reflect the official policies of the Department of Health and Human Services, National Hispanic and Latino Addiction or Prevention Technology Transfer Centers or NLBHA; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government, NHL ATTC or NLBHA.

Esta presentación está respaldada por la subvención 1H79TI081174 del Departamento de Salud y Servicios Humanos, Administración de Servicios de Abuso de Sustancias y Salud Mental (SAMHSA por sus siglas en inglés). Las opiniones expresadas este sitio no necesariamente reflejan las políticas oficiales del Departamento de Salud y Servicios Humanos, el Centro Hispano Latino de Capacitación y Asistencia Técnica en Adicción/Prevención o de NLBHA; la mención de nombres comerciales, prácticas comerciales u organizaciones específicas tampoco implica el respaldo del Gobierno de los Estados Unidos, NHL ATTC o de NLBHA.



National Latino Behavioral Health Association (NLBHA) Staff

Our Mission

The Mission and Goal of The National Latino Behavioral Health Association is to influence national behavioral health policy, eliminate disparities in funding and access to services, and improve the quality of services and treatment outcomes for Latino populations.



National Latino Behavioral Health Association (NLBHA)

Our Objective is to provide National leadership on mental health and substance abuse concerns of the Latino community. NLBHA's Policy Priorities are:

1. Targeted Capacity Expansion of Mental Health Services for Latinos
2. Latino Behavioral Health Evidenced Based Practices
3. Legislation to increase the number of Counselors/Therapists/Other Behavioral Health Practitioners
4. Funding for Co-Occurring Disorders of Alcohol and Substance Abuse
5. Opioid Crisis in the Latino Community
6. Suicide Prevention



Fredrick Sandoval, MPA
Executive Director
NLBHA



National Hispanic & Latino

ATTC

Addiction Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

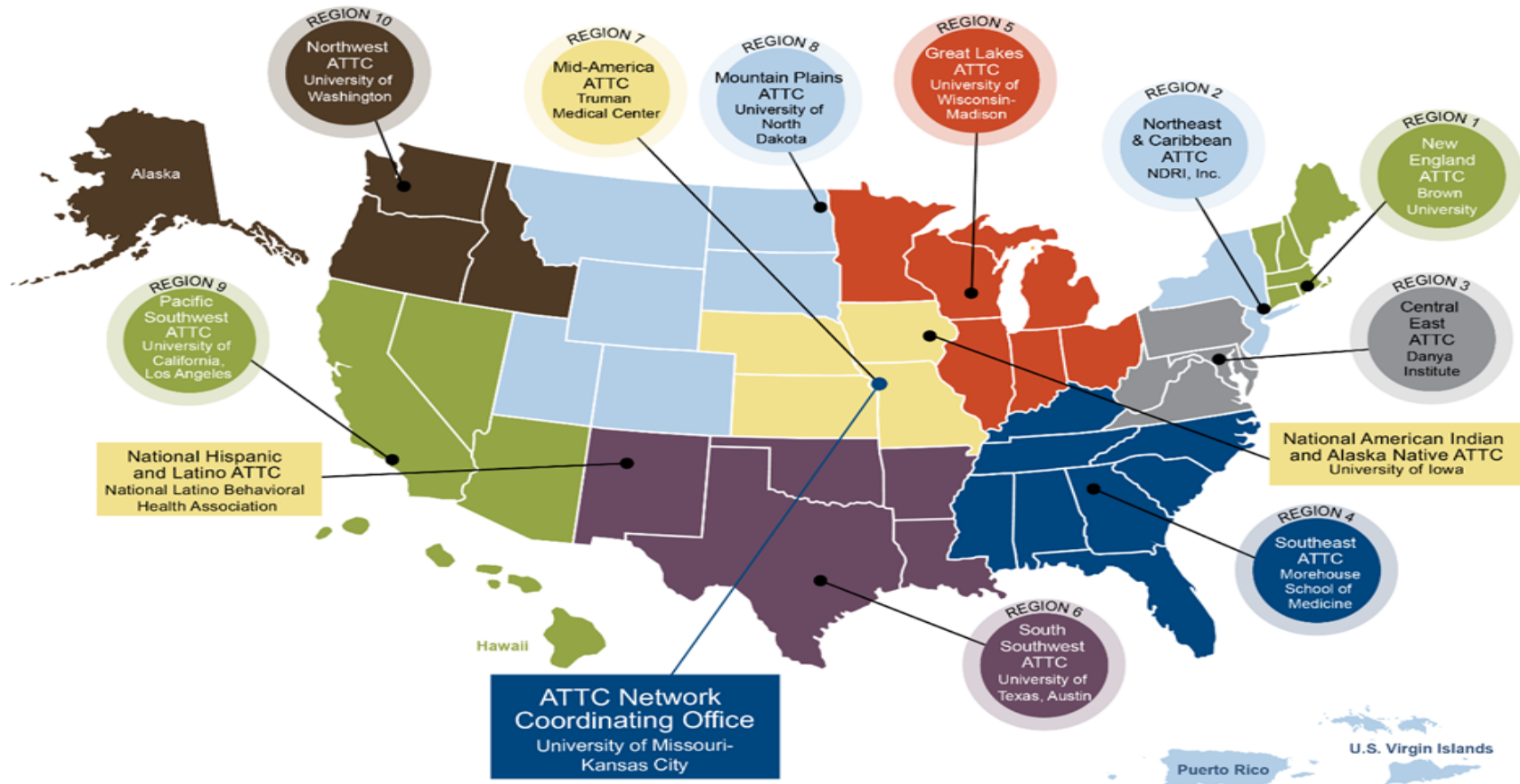


ATTC

Addiction Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

U.S.-based ATTC Network





National Hispanic and Latino Addiction Technology Transfer Center (NHL-ATTC)



Pierluigi Mancini, PhD,
Director



Maxine Henry, MSW, MBA
Co-Director



Ruth Yáñez, MSW
Executive Admin. Assistant



Today's Presenter



Pierluigi Mancini PhD
Project Director
National Hispanic and Latino ATTC/PTTC

**Addressing Health Disparities:
A strategy to combat the Opioid Epidemic,
COVID-19 and Achieve Health Equity in
Behavioral Health**



National Hispanic & Latino

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Addressing Health Disparities:

A strategy to combat the Opioid Epidemic, COVID-19 and Achieve Health Equity in Behavioral Health

Pierluigi Mancini PhD

Project Director

National Hispanic and Latino ATTC/PTTC



If you talk to a man in a
language he
understands, that
goes to his head.

If you talk to him in his
language, that goes to
his heart.

-Nelson Mandela





Learning Objectives

1. Define health equity, disparities and literacy.
2. Understand culture and how cultural competence affects delivery of services.
3. Identify cultural barriers to addressing the COVID-19 outbreak.
4. Discuss a framework for a culturally and linguistically competent organization.



Health Equity, Health Disparities, and Health Literacy



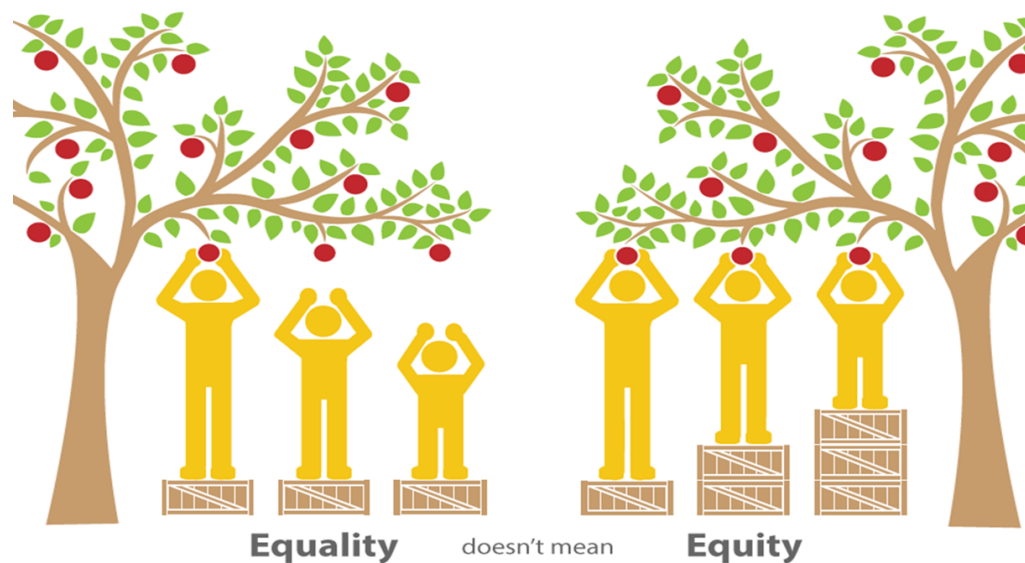
(c) 2020 Pierluigi Mancini PhD



What is Health Equity?

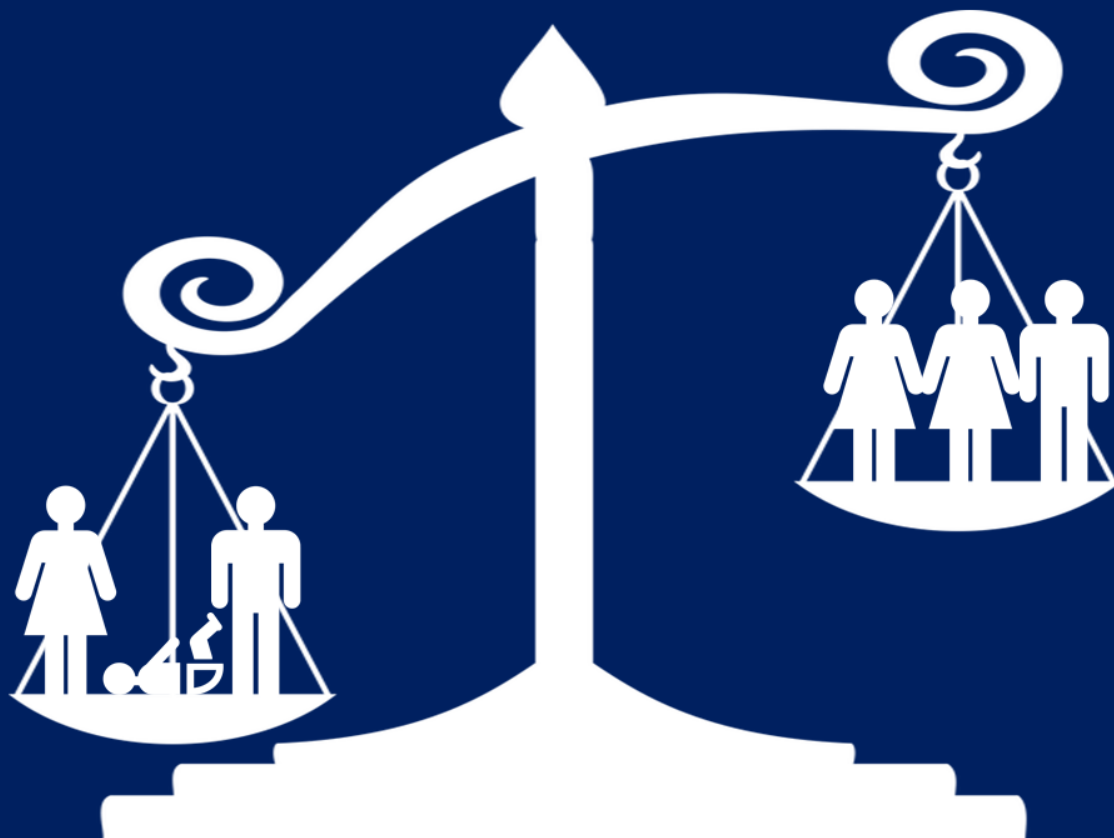
“The attainment of the highest level of health for all people.”

Healthy People 2020





What is Health Inequity?





What are Health Disparities?

Differences in **Health Outcomes** and **Health Care Access, Coverage and Quality of Care**

In particular.....

Avoidable differences in health that result from cumulative social disadvantage.

(Adapted from The Connecticut Multicultural Health Partnership. Faces of Disparity. <http://www.ctmhp.org>)



... But what causes health disparities?

- ☐ Inequities in the **social determinants** of health?
- ☐ Environmental risk factors?
- ☐ Institutional factors?
- ☐ Provider factors?
- ☐ Consumer factors?

Sources: (1) Smedly BD et al. *Unequal Treatment: Confronting Racial and Ethnic Disparities in Health Care*. Institute of Medicine, 2002. (2) AMA. *Health Disparities*. Presentation, 2007. http://www.ama-assn.org/resources/doc/mss/ph_disparities_pres.pdf



What is Health Literacy?

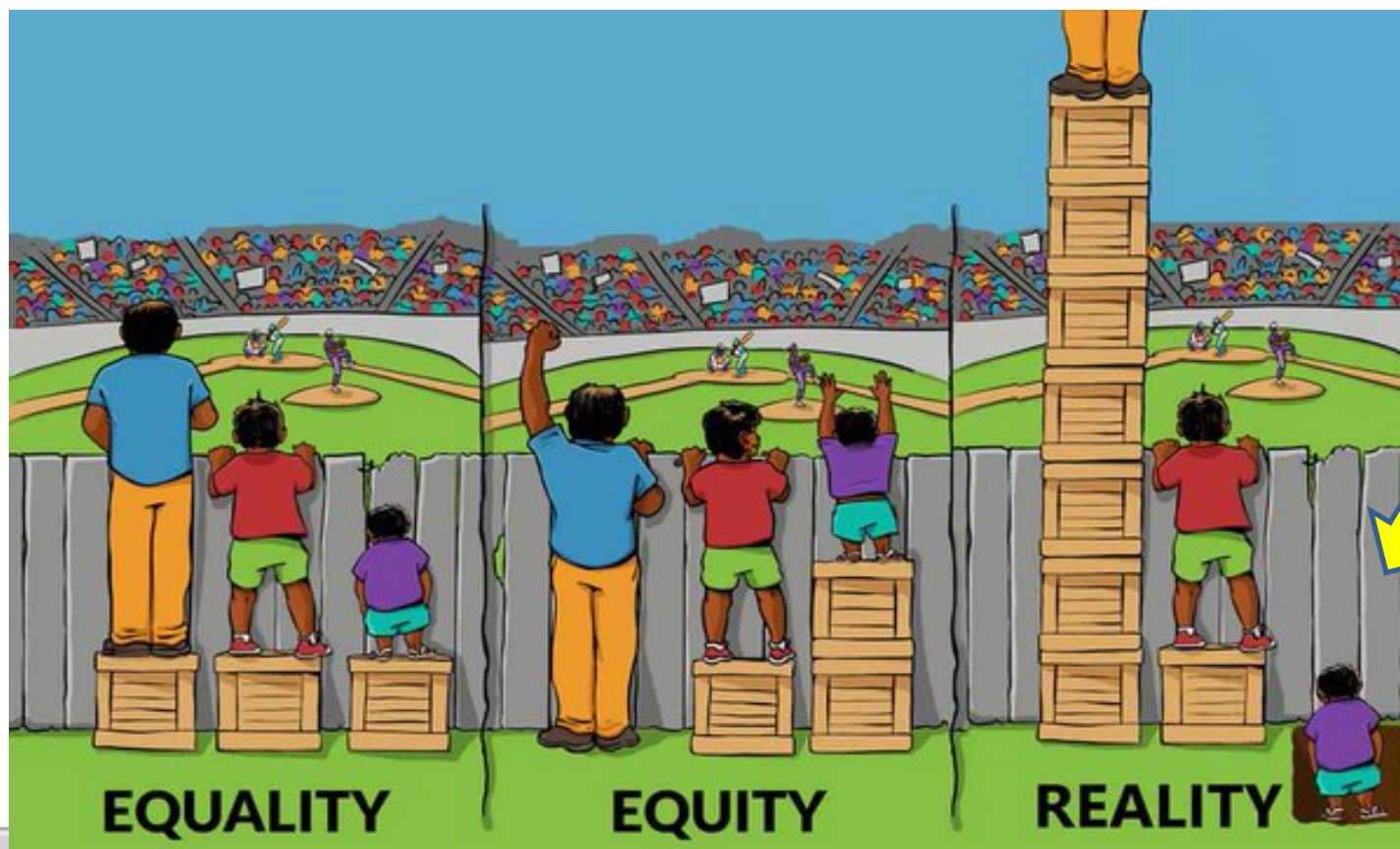
The degree to which individuals have the capacity to **obtain, process and understand** basic health information and services needed to make appropriate health decisions



[illegible]



Without Health and Cultural Literacy....





National Hispanic & Latino

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

CULTURE







What is Culture?

Definition

Culture: The integrated pattern of human behavior that includes the thoughts, communication, actions, customs, beliefs, values, and institutions of a racial, ethnic, religious, social, or other group.

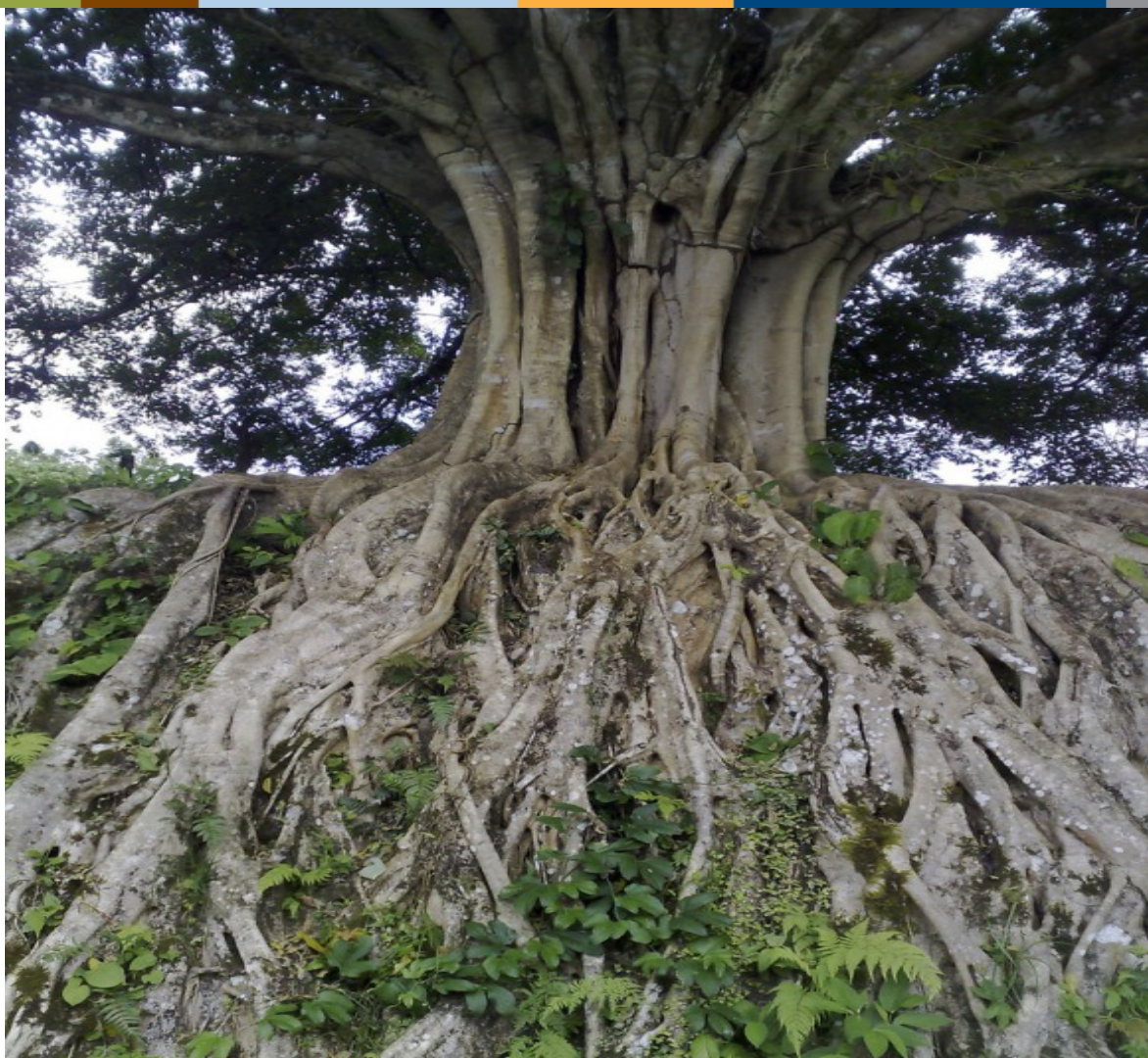
United Nations Education, Scientific, and Cultural Organization, 2010



What Culture is Not

- An individual's **personality**
- **Static**, it can change and adapt
- The **language** a person speaks
- An ***ethnic or racial group***
- Solely related to **geography**

Adapted from Gonzalez, V.M., Gonzalez, J.T., Freeman, V., & Howard-Pitney, B. (1991).





How Does Culture Affect an Intervention?



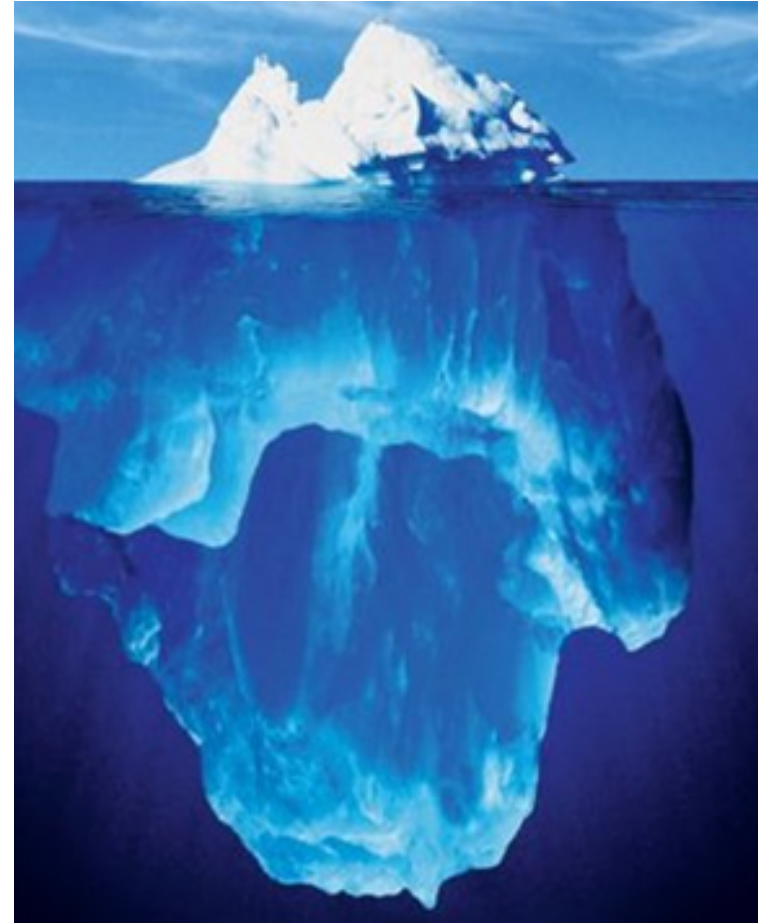


The Iceberg Concept of Culture

POLL QUESTION #1

Think about gender, race and age as aspects of culture. Where would you place them on the iceberg?

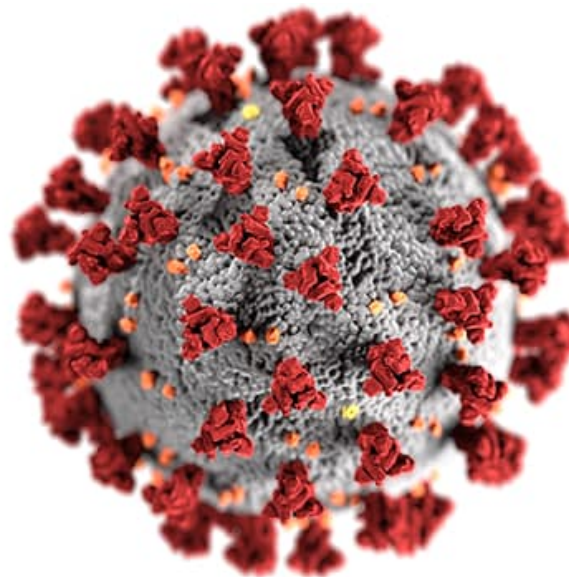
- Top part of the iceberg
- Bottom part of the iceberg





Culture and COVID-19

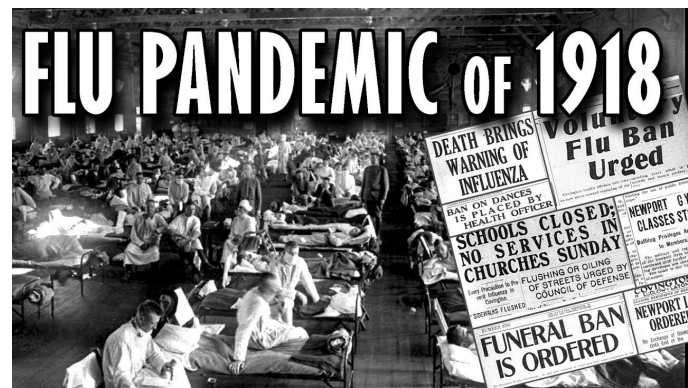
- Culture
- Biology
- Behavior
- Disparities





- Panamá
- Dominican Republic
- Perú

Culture and COVID-19

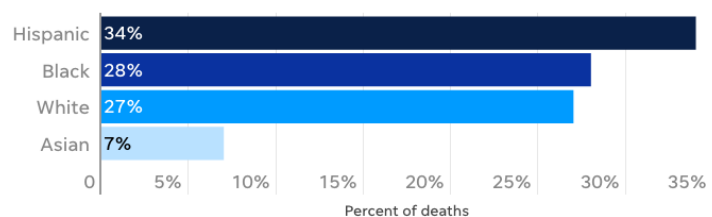




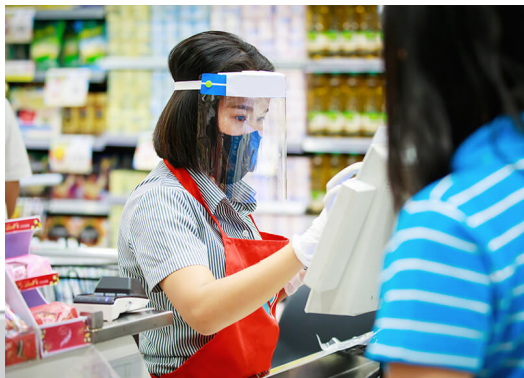
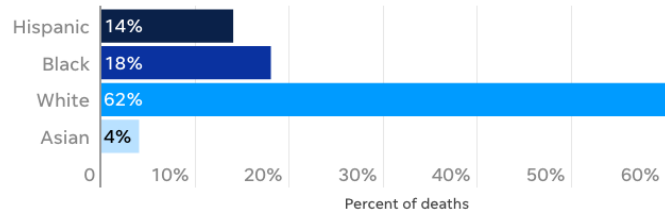
Coronavirus deaths in New York by race

Data is preliminary. With 90% reporting, below is the breakdown for NYS excluding NYC. With 63% reporting, below is the breakdown for NYC as provided by NYCDOHMH.

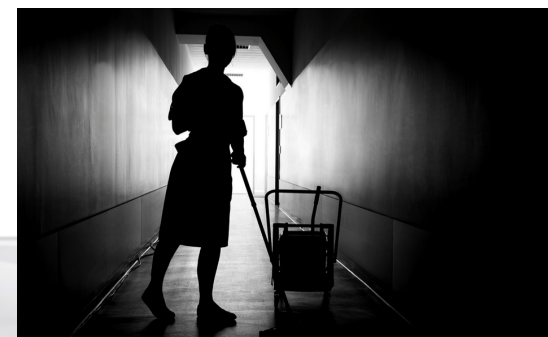
NYC



New York State



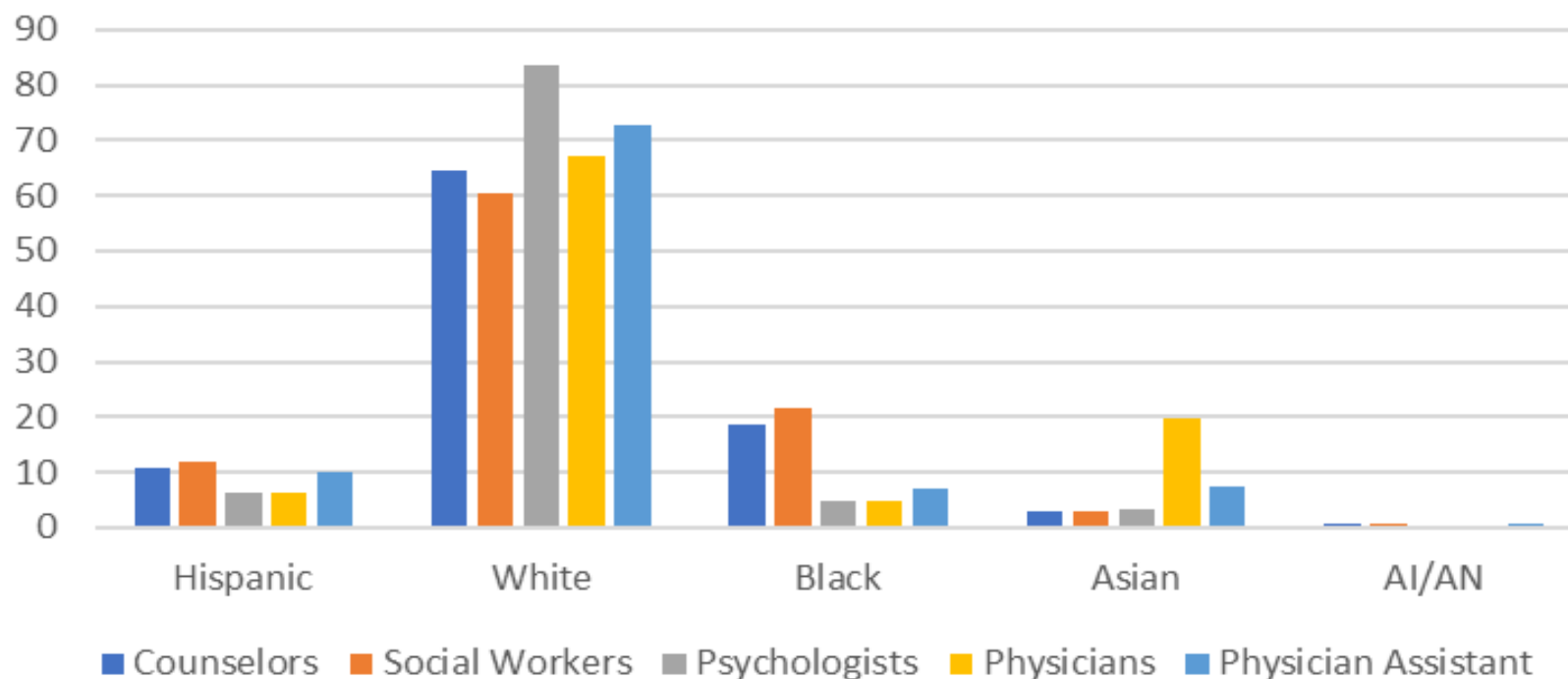
Culture and COVID-19





Culture and Workforce

Sex, Race and Ethnicity in U.S. Workforce
2011-2015





Culture and Workforce

- Lack of bilingual **and bi-cultural peers**
- Lack of bilingual **and bi-cultural** providers
- Lack of language appropriate community information
- Use of untrained interpreters
- Language lines can only take you so far.



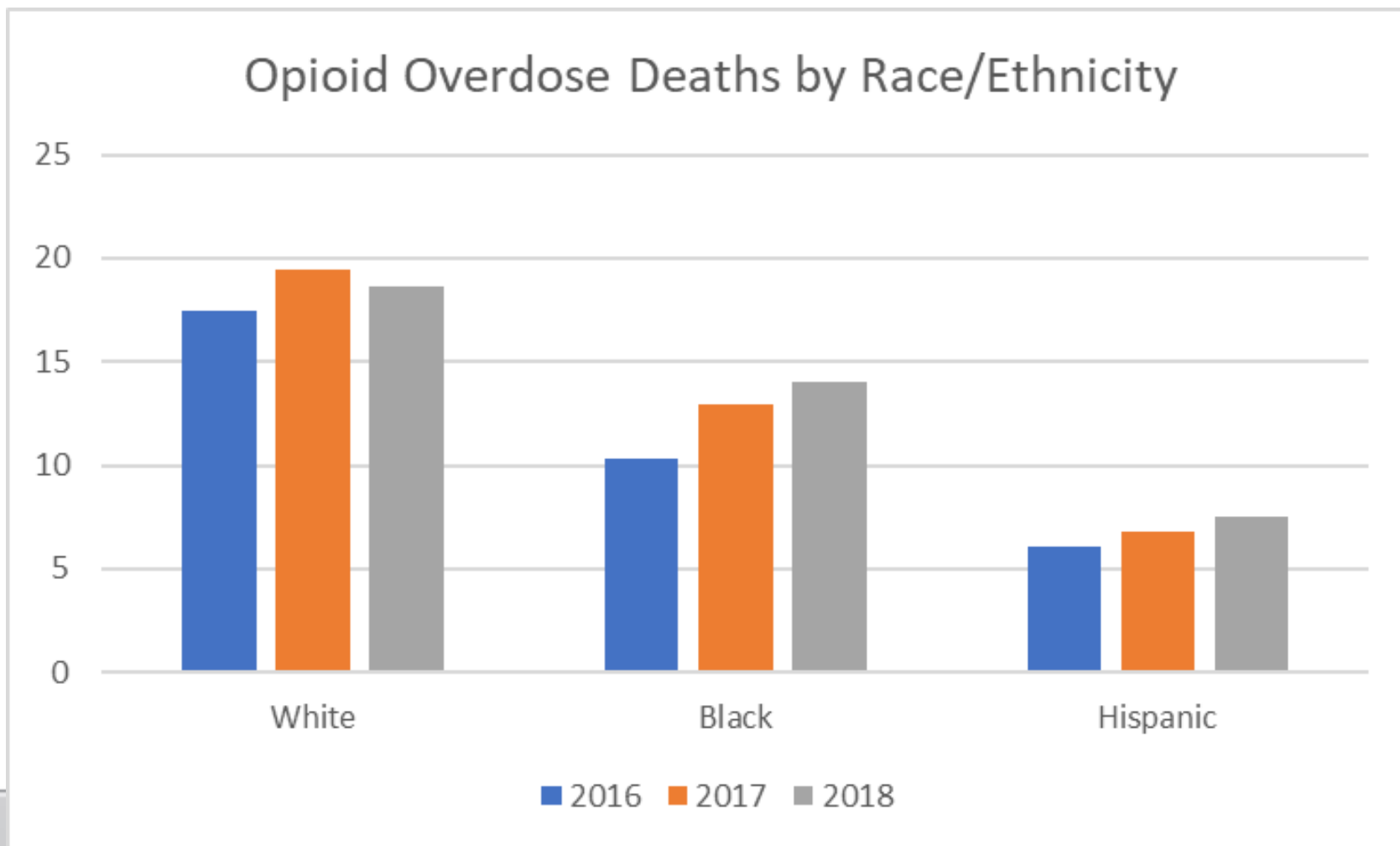
Culture and Workforce

- Recruitment
- Retention
- Supervision
- Supports

Must All Be Provided In A Cultural And Linguistically Appropriate Manner



Culture and Opioids





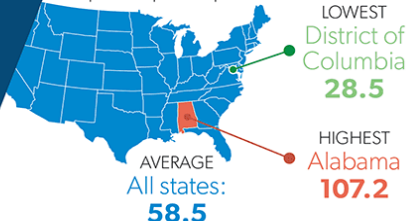
Culture and Opioids

Does racial bias explain why whites are far more likely to get addicted to prescription opioids?

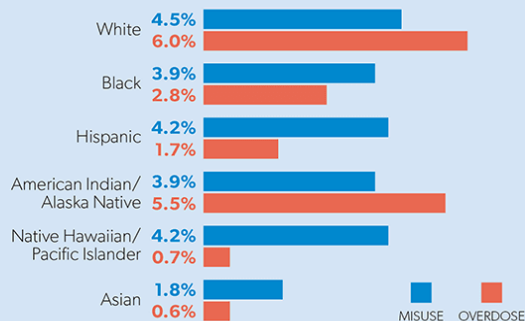


DIVERSITY AND OPIOIDS: A Nuanced View

GEOGRAPHIC LOCATION

Opioid Rx per 100 persons¹

RACE/ETHNICITY

Rates of opioid misuse/overdose in U.S. by race¹

SOCIOECONOMIC STATUS

Patients of low income



People with financial hardship



OCCUPATION

Construction and extraction (mining, quarrying, oil/gas) workers:¹⁹

6X
MORE LIKELY
to experience
opioid-related death



Account for
24%
OF ALL OPIOID-RELATED DEATHS

Opioid overdose deaths were **highest among workers**:¹⁹

Construction and extraction



Farming, fishing and forestry



Jobs with lower paid sick leave



Occupations with lower job security



(c) 2020 Pierluigi Mancini PhD

of Americans with mental health disorders:⁷Are prescribed
51.4%
of opioid RxAre **3x** more likely to use opioids

GENDER

Compared with men, women are:
More likely to fill an opioid Rx¹**2x** more likely to be prescribed benzodiazepines¹⁶Compared with other age groups, women:¹⁵Age **25-54** are most likely to be hospitalized due to Rx opioid misuseAge **45-54** are most likely to die from Rx opioid overdose

MENTAL HEALTH

Longer opioid treatment is linked to higher risk of new-onset depression:¹²

DAYS OF OPIOIDS:

1-30
11.6%31-90
13.6%90+
14.4%

AGE

Persons older than
65 are most likely to have filled an opioid Rx in last year¹

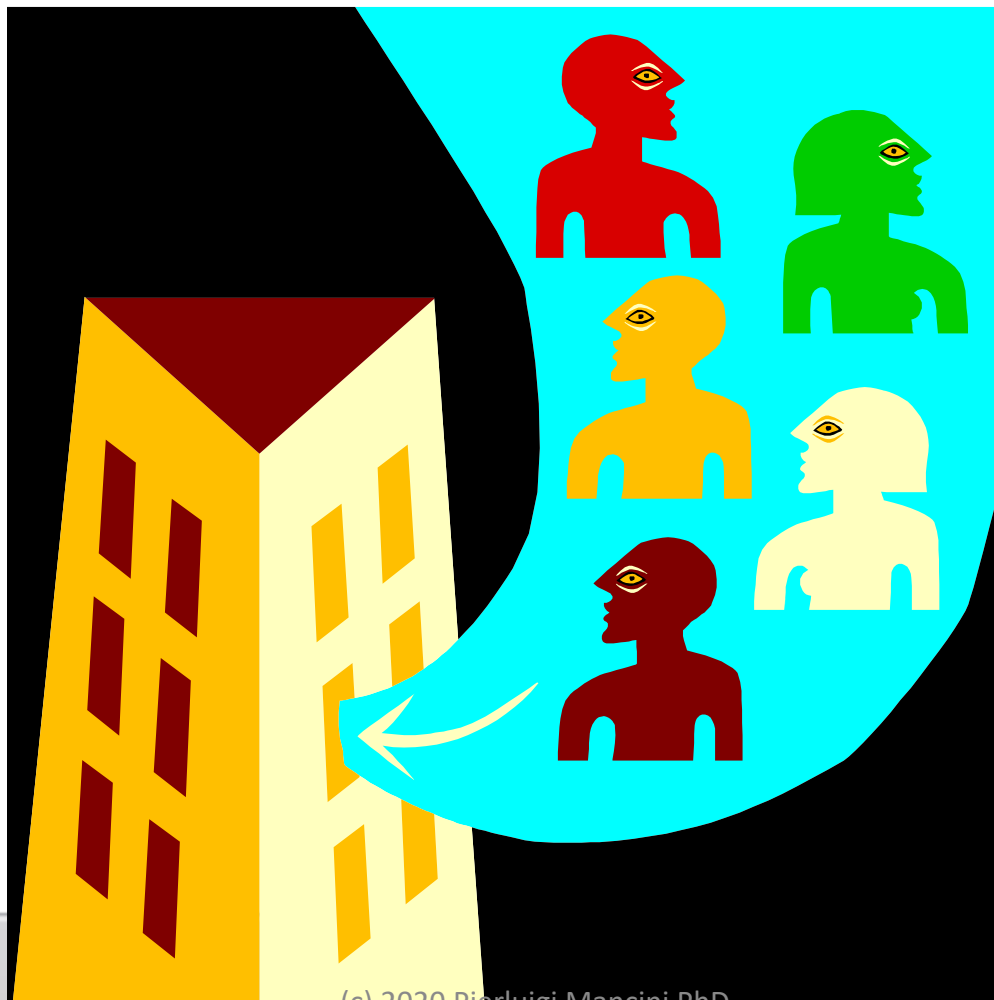
≥65 years:
26.8%

55-64 years: **26.3%** 45-54 years: **23.1%** All ages: **17.4%**

Persons aged 55-64 most likely to be hospitalized due to opioids.



CULTURAL COMPETENCE





Cultural Competence

Definition

Cultural competence: An organization's ability to recognize, respect, and address the unique needs, worth, thoughts, communications, actions, customs, beliefs, and values that reflect an individual's racial, ethnic, religious, and/or social groups or sexual orientation.



Cultural Competence vs. Cultural Awareness

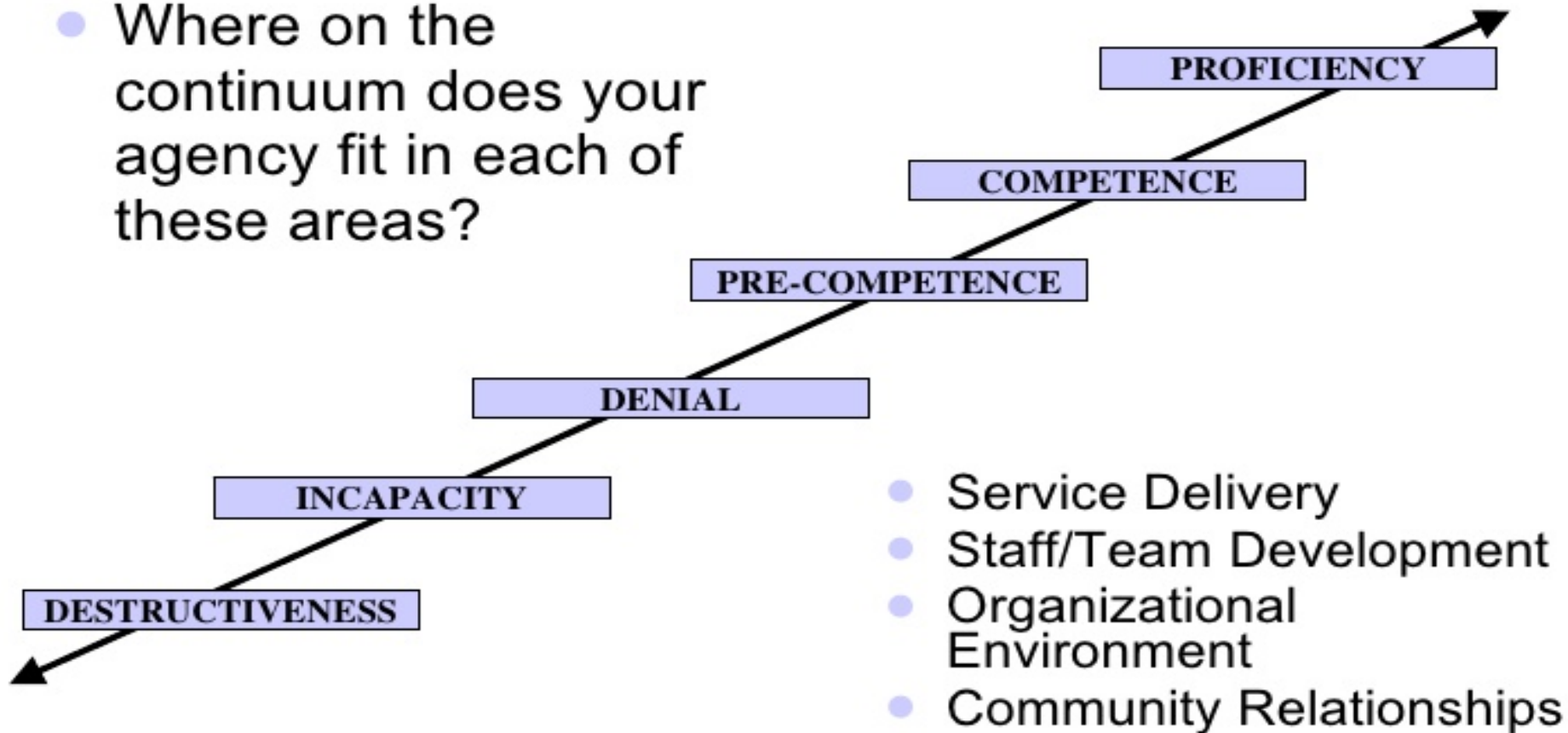
Definitions

- **Cultural competence:**
The ability to effectively operate within different cultural contexts
- **Cultural awareness:**
Sensitivity and understanding toward individuals from different ethnic, racial and cultural backgrounds.

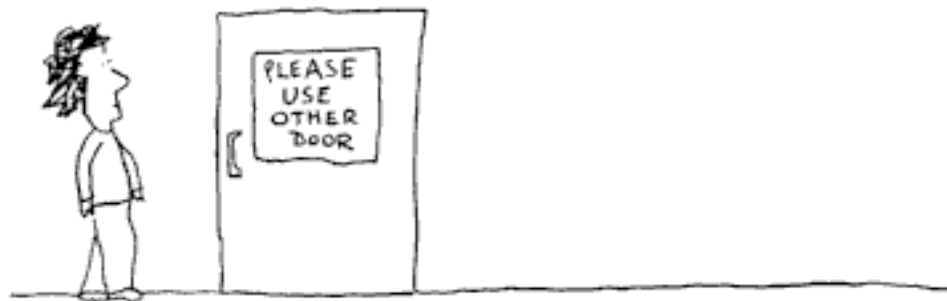
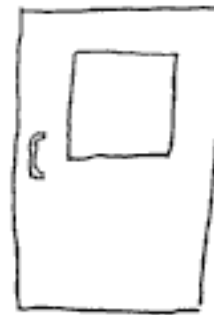


Cultural Competence Continuum

- Where on the continuum does your agency fit in each of these areas?







weblogcartoons.com



Barriers to Services

- Individual/Policy
- Provider
- System



Barriers - Immigrant Stress

- **Migration stress** - displacement and disorientation that comes with moving and adjusting without resources
- **Acculturative stress** - adjusting to new circumstances in a new cultural context
- **Traumatic stress** - extensive exposure to traumatic events prior to migration
- **Also** exacerbation of symptoms of disorders already present (learning disabilities)



Barriers - Health Belief Systems

- Expressions of Culture in Health Care
 - Health Belief Systems
 - Define and categorize health and illness
 - Offer explanatory models for illness
 - Based upon theories of the relationship between cause and the nature of illness and treatments
 - Defines the specific “scope” of practice for healers



THE HEALERS



LOS INDIOS CHAMANES Y CURANDEROS

PARE DE SUFRIR, TENEMOS LA SOLUCION A SU PROBLEMA
¡Llame ya! 1-866-327-9710

Poseemos todos los secretos de la naturaleza para cambiar su vida. Tenemos el único amarro que le llevará a conseguir todo lo que quiera en el mundo.

Curo:
alcoholismo, drogadicción, enfermedades naturales o sobrenaturales.

Regreso al ser amado y arreglo su matrimonio.

No sufra de impotencia.

Llame y sorpréndase con los resultados.

Trabaja incansablemente y no ve el fruto de su trabajo.

Venga y le enseñe como multiplicar su dinero.

Evitamos divorcios y aseguramos matrimonios.

Nosotros los pobres también podemos lograr la felicidad.

USTED PUEDE SER VICTIMA DE UNA BRUJERIA SIN SABERLO
¡LAS CASUALIDADES NO EXISTEN, LA MAGIA NEGRA SI!

A pedido de la **COMUNIDAD LATINA**, desde New York a Atlanta, el profesor **GUILLERMO** el mas grande parapsicólogo, psíquico, naturalista de **FAMA MUNDIAL**

**HECHICERIA
BRUJERIA
MAGIA NEGRA**
¡usted tiene que ver para creer!

REGRESO AL SER AMADO EN 2 DIAS

¡hago felices a los desdichados
ayudo a sanar a los enfermos
trato la impotencia sexual!

NUEVA GENERACION MISTICA

Trabajo 100% ¡Garantizado!

CON ESTE VISO PAGUE LA MITAD DE LA CONSULTA
3146 Chamblee Dunwoody Rd. Suite 204, Chamblee, GA. 30341
Teléfono **770-451-1911** Larga Distancia Gratis **1.866.455.1911**

¡NO SUFRA MAS!

EL CURACA BLANCO, EL MENSAJERO DE TU FELICIDAD
LLEGO TRAYENDO LOS SECRETOS DE AMOR EN SOLO UNA NOCHE

Sexo, amor y placer entrelazado de pasión y lujuria bajo la sombra de un amante perfecto.

EL AMARRE QUE ESTA REVOLUCIONANDO TODO U.S.A.

UNICOS POSEEDORES DE LOS MAS PODEROSOS SECRETOS, CONJUNOS Y RITUALES NUNCA ANTES REALIZADOS CON LA MAGIA BLANCO Y NEGRA

10% de descuento presentando este anuncio

SI FALLA LE DARE TRES VECES MAS DE LO ACORDADO, SIN DUDAS NI MURMURACIONES.

¡APRESURAMOS MATRIMONIOS, EVITAMOS DIVORCIOS!

LIBERENSE!
Enfermedades, depresión, ansiedad, la felicidad nunca le cobrara lo hace 100% efectivo

ANGRA LE TOCA A USDED SER FELIZ

CURANDEROS AMAZONICOS ATAN Y DESATAN Y CON SUS PODERES RETAN A CUALQUIERA.
Secretos para el amor, trabajo, salud y el nepeselo

CON UNA SOLA LLAMADA CAMBIARA EL RUMBO DE SU FRACASO
1-800-685-5552 ó 213-380-9060

Dejé su correspondencia a:
3010 WILSON DR., P.O. BOX 1013
AHORA TE TOCA A TI SER FELIZ
elcuracablancob@yahoo.com

Llamadas GRATIS las 24 horas en vivo.

COMANCHE

CASCABEL DE LA SALUD, SUERTE Y AMOR
¡Garantizado! - ¡Sepárelolo ya!

COMUNIDAD INDIGENA COMANCHE

¿TIENE PROBLEMAS?
COMANCHE CURA TODOS SUS MALES

¡ALCOHOLISMO! ¡NO TIENE TRABAJO, DINERO, SALUD Y AMOR. VEA LA CORDON ROJO MAGICO. TRATAMIENTOS DE ENFERMEDADES NATURALES O SOBRENATURALES. SE HACEN LIMPIAS Y CURAS GARANTIZADAS.

5146 JIMMY CARTER BLVD. NORCROSS, GEORGIA 30093
¡Llame YA! 770-840-8010



LINGUISTIC COMPETENCE





© Guy & Rodd/Distributed by Universal Uclick via CartoonStock.com

(c) 2020 Pierluigi Mancini PhD

CartoonStock.com



Language Competency

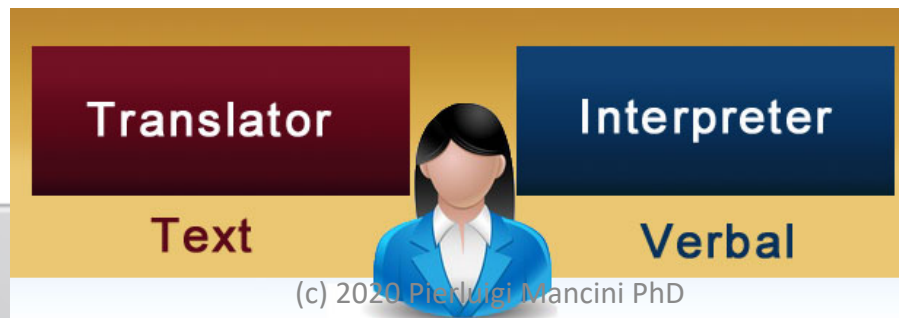
- Fluency
- Attitude
- Accents?





Definitions

- **Language** - The words, their pronunciation, and the methods of combining them used and understood by a community.
- **Translation:** The conversion of written texts from one language to another.
- **Interpreting:** The re-expression of spoken messages in spoken form in a second language.





Steps to Ensure Language Access

- Do you know what the language needs of your community are?
- Do you have a communication and language assistance plan?
- How do you know your client's preferred language?
- Do you train your staff in language services or interpreting?
- How do you let your clients know that there are language assistance services?



POLLING QUESTION #2

What are the top 4 foreign languages spoken in U.S. households?

- Chinese (including Mandarin and Cantonese)
- German
- Russian
- Spanish
- Arabic
- Tagalog (including Filipino)
- Vietnamese
- French (including Cajun)
- Korean

Source: Migration Policy Institute tabulations from the U.S. Census Bureau pooled data from 2009 – 2011 American Community Survey.

Linguistic Diversity in the U.S.

The top foreign languages spoken in households in the U.S are:

Spanish	40,489,813
Chinese (including Mandarin, Cantonese)	3,372,930
Tagalog (including Filipino)	1,701,960
Vietnamese	1,509,993
Arabic	1,231,098
French (Including Cajun)	1,216,668
Korean	1,088,788
Russian	909,374
German	905,691
Other Indo-European Languages	866,747

Haitian	856,009
Hindi	810,877
Portuguese	767,210
Italian	576,154
Other Slavic Languages	575,375
Polish	539,151
Amharic, Somali, or Other Afro-Asiatic Languages	521,932
Yoruba, Twi, Igbo, or Other Languages of Western Africa	515,629
Yiddish, Pennsylvania Dutch or Other West Germanic Languages	487,675
Urdu	474,481



SOLUTIONS





What Can We Do To Overcome These Barriers?

- Develop cultural and linguistic competence in service delivery
- Establish culturally competent standards of care.
 - E.g. CMHS standards, CLAS standards
- Promote mental health education and awareness in immigrant communities



Policy Solutions

- Funding mechanisms
- Development of **Cultural and Linguistic Competence Office** at the State level
- Enforcement of CLAS Standards
- Enforcement of interpreter requirements
- Tele counseling for LEP



Facility-institutional Solutions

- CLC Organizational Assessment and CLC Plan
- Collaborative relations with primary care providers serving minorities
- Increase Facility's linguistic and cultural competence
- Modifying reimbursement practices



Provider Solutions

- CLC Organizational Assessment and CLC Plan.
- Clinical and Administrative Staff Training.
- Increase provider's linguistic and cultural competence.
- Effective interventions



Culturally and Linguistic Competent Agencies





Questions?





Thank you for attending our presentation.

Gracias por atender a nuestra presentación.

Obrigado por participar desta apresentação.



National Hispanic and Latino ATTC

For more information about the National Hispanic and Latino ATTC and to request training and technical assistance you can reach us at:

www.nlbha.org

<https://attcnetwork.org/centers/national-hispanic-and-latino-attc/home>

Or directly at:

Pierluigi Mancini, PhD, MAC

pierluigi@nlbha.org

678-883-6118

Maxine Henry, MSW, MBA

maxine@nlbha.org

720-607-7897



Satisfaction Evaluation

Friendly Reminder:

Please take a couple of minutes to fill out our brief evaluation. Your opinion matters to us. To access the survey you can click this link:

<https://bit.ly/poenglish5>

OR use this QR Code:



Thank you for attending our training. Enjoy the rest of your day!