



ADVOCATE. ACT. ADVANCE.













## Get Well

### Recovery





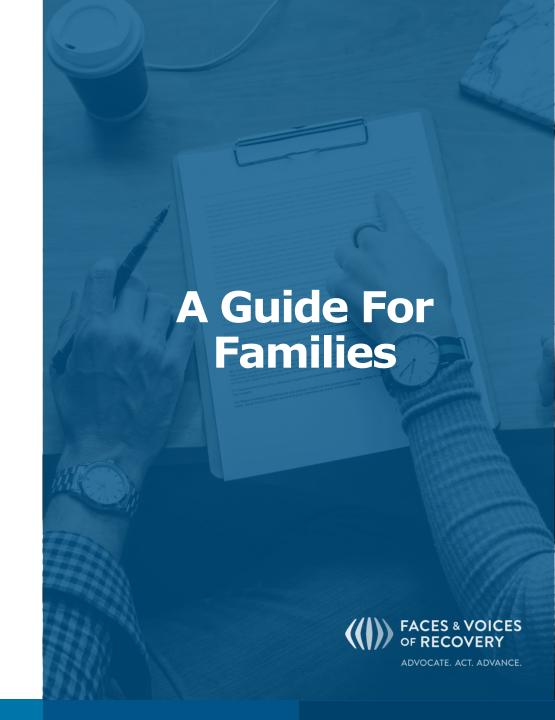
A GUIDE for FAMILIES

## Beyond Addiction

HOW SCIENCE AND KINDNESS
HELP PEOPLE CHANGE



JEFFREY FOOTE PH.D, CARRIE WILKENS PH.D, AND NICOLE KOSANKE PH.D WITH STEPHANIE HIGGS



### Resources

## 3 Ways to Connect With Our Parent Specialists



#### **MESSAGE**

**Facebook Messenger** 

M-F: 9am-12am EST

& Weekends: 12pm-5pm EST



#### CALL

1-855-DRUGFREE

M-F: 9am-12am EST

& Weekends: 12pm-5pm EST

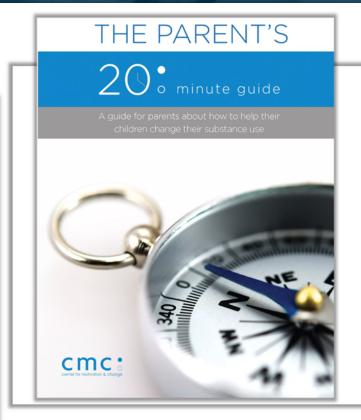


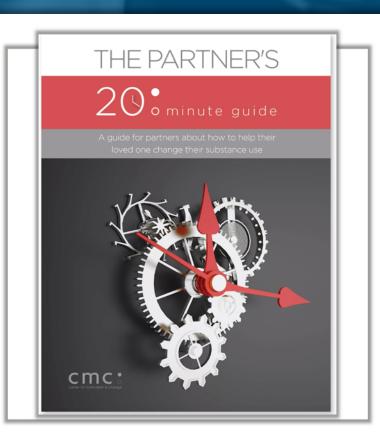
TEXT to 55753
Send a message to 55753
anytime

P

Disponible tambien en Español.

Learn more at drugfree.org/helpline





CRAFT | ACT | MI





In general, do you feel the voice of family is a critical aspect of recovery advocacy?





In general, do you feel family members and persons in recovery share common advocacy goals?



# Family, and Recovery Advocacy Q & A

#### Change starts here.

LIVED EXPERIENCE IS EXPERTICE FOR BETTER SOLUTIONS



Lauryn Wicks ljwicks@comcast.net Keegan Wicks kwicks@facesandvoicesofrecovery.org





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