



KNOWLEDGE TO EQUIP PEERS FOR EACH PREGNANCY STAGE

Module 3.1: Family Goals and Reproductive Health

Reproductive Planning Questions from Peers

The following are questions peers can use to better understand participants' reproductive health statuses and goals when the participant does want to discuss the topic.

Assess Participant's Current Status: Pregnancy Recognition and Confirmation

1. Is there a chance (even a small one) you might be pregnant right now?
2. How do you feel about being pregnant?

Assess Participant's Short-Term Goals: Articulating and Achieving Reproductive Health Goals

3. Are you hoping to get pregnant within the next year?
4. It sounds like your goal is to *[restate participant's personal reproductive health goals]*, is that right?
How can I best support you in reaching those goals?

Provide Support for Pregnancy- or Parenting-Related Loss or Grief

5. Have you experienced any losses or grief related to pregnancy or parenting you'd like me to know about?
6. Would it help you to know about supports related to infertility, miscarriage or other pregnancy loss, stillbirth, adoption, or loss of custody?

Provide Support to Participants who Engage in Sex Work

7. Would it help you to know about supports related to reproductive health for sex workers?



**PREGNANCY, POSTPARTUM,
& EARLY PARENTING**

Peer Support for Families Impacted by Substance Use